



JOHN NUGENT MEMORIAL
EYECARE FOUNDATION
Preventing Blindness



A NELSON MANDELA FOUNDATION INITIATIVE

RUNNING RESULTS

Name	Surname	Hours	Min	Sec	Distance
Andries	Coetzee	1	46	6	16,767
Yusuf	Matara	1	51	49	16,71
Elme	Middlemost	1	28	6	16,548
Pieter	Laubscher	1	7	2	16,291
Kai	Broom	1	7	7	15,851
Hengie	McInnes	1	43	2	15,126
Prasidh	Ramson	1	44	55	13,771
Trish	Hodgson	1	13	38	13,213
Erick	van der Colff	1	7	34	13,189
zivan	pruis	1	4	0	13
Willem	Nieuwoudt	1	2	27	12,59
Lorna	Groenewald	1	9	2	12,055
Nireshni	Chellan	1	21	2	11,805
Garth	Wahl	1	7	0	11,45
Russell	Nugent	1	7	8	11,311
Julie	Estey	1	7	48	11,13
Tony	Obilana	1	23	16	10,761
Bronwyn	Swartz	1	26	15	10,697
Nicky	Glickman	1	6	53	10,634
John	Winfield	1	7	4	10,189
Michael	Mosesi	1	7	9	10,188
John	Winfield	1	7	3	10,14

Rujeko	Mashingaidze	1	7	5	10,128
Francois	Vorster	1	7	4	10,057
Kevin	Crole	1	8	56	10,006
Samantha	Winterbottom	1	14	42	10
Richard	Wicht	1	6	46	9,961
liz	brink	1	7	0	9,7
Karin	van der Walt	1	6	51	9,528
Trevor	Brand	1	7	1	9,36
Peter	Perks	1	7	1	9,29
Maria	Compion	1	6	17	9,285
Anusha	Naidu	1	5	35	9,134
Mike	Galli	1	6	16	9,048
naasera	sheik	1	16	0	9,01
Fergus	Wall	0	44	42	8,09
Shannyn	Karshagen	1	7	9	7,718
Margie	Karshagen	1	7	56	7,61
Johan	Visser	0	45	2	7,433
Angela	Lardant	1	14	0	7,22
	van der				
Carli	Westhuizen	0	30	17	7,114
Anthony	Meyer	0	57	51	7,013
Ella	Roseveare	0	55	40	6,737
Ronnie	van der Walt	0	36	36	6,72
Anneke	Richter	0	35	20	6,714
George	Pieterse	0	38	47	6,712
Anneri	Konig	2	7	0	6,71
Glenn	Thompson	1	4	53	6,707
Charles	Bailie	0	57	1	6,703
Fanezile	Mahlangu	1	0	0	6,7
Wilna	van Emmenis	1	11	5	6,7
Rachel	Wadlow	0	54	19	6,7
Karen	Broeke	1	12	30	6,696
Wilna	van Emmenis	1	7	0	6,32
Nicky	Glickman	0	55	32	5,855
Werna-					
Mart	Brewis	0	31	33	5
Errol	de Kock	1	11	0	4,5
Trish	Hodgson	0	18	58	3,399

WALKING RESULTS

Name	Surname	Hours	Min	Sec	Distance	
Attie	Slabbert		2	20	0	10,1
Adriaan	Slabbert		2	20	0	10,1
Isabel	Groothof		2	20	0	10,1
Albert	Slabbert		2	20	0	10,1
Robert	Slabbert		2	20	0	10,1
Lisa	Plit		1	38	51	7,59
Adam	Schneider		1	38	51	7,59
Angela	Lardant		1	14	0	7,22
Anneri	Konig		1	54	58	7,068
Gretchen	Visser		1	14	15	7,035
Helen	Broekmann		1	7	0	7,006
Leane	Cilliers		1	16	32	6,97
Richard	Wicht		1	17	9	6,74
Charles	Bailie		0	57	19	6,71
mary-ann	galli		1	8	42	6,71
Theo	Dollenberg		1	5	6	6,7
Rob	Button		1	7	1	6,7
Jackie	de Klerk		1	15	19	6,7
Tanya	Van Onselen		1	15	19	6,7
Steve	Broekmann		1	7	0	6,5
	Jansen van					
Monique	Vuuren		1	1	34	6,02
kerryn	hopkinson		0	38	20	5,638
kerryn	hopkinson		1	7	5	5,6
Mary	Parr		1	7	0	5
Shannyn	Karshagen		0	48	23	4,003
Dollars	Boloka		2	1	0	4
David	Hall		1	11	0	3,36
Hengie	McInnes		0	46	45	3,097
	Jansen van					
Monique	Vuuren		0	21	7	2,102

CYCLING RESULTS

Johan	Visser	1	8	59	37,073
Tannith	Gardner	1	7	12	25,33
	van der				
Erick	Colff	1	7	23	24,516
jenny	Nunes	1	7	0	20
	van der				
Antoinette	Colff	1	10	12	16,685
	van der				
Gerrit	Colff	1	7	43	16,549
William	Nunes	0	36	3	8,47
Richard	Wicht	0	15	4	8,24
Rebecca	Nunes	0	32	39	7
Damiano	Da Cerca	1	7	2	6,7
Joshua	Nunes	0	30	32	6,7
Richard	Wicht	0	16	50	0

SWIMMING RESULTS

Name	Surname	Hours	Min	Sec	Distance
Lindsay	de Kock	1	33	3	4
Richard	Wicht	0	33	16	1,05
	van der				
Erick	Colff	0	22	54	0,674

ROWING RESULTS

Name	Surname	Hours	Min	Sec	Distance
Richard	Wicht	0	30	59	0

HIKING RESULTS

Name	Surname	Hours	Min	Sec	Distance
Francois	Vorster	0	17	13	2,289