

Age	Time	Beat > 10%	Beat > 20%	Beat > 30%
1	00:30:00	00:27:00	00:24:00	00:21:00
2	00:30:00	00:27:00	00:24:00	00:21:00
3	00:30:00	00:27:00	00:24:00	00:21:00
4	00:30:00	00:27:00	00:24:00	00:21:00
5	00:30:00	00:27:00	00:24:00	00:21:00
6	00:30:00	00:27:00	00:24:00	00:21:00
7	00:30:00	00:27:00	00:24:00	00:21:00
8	00:29:00	00:26:06	00:23:12	00:20:18
9	00:28:00	00:25:12	00:22:24	00:19:36
10	00:27:00	00:24:18	00:21:36	00:18:54
11	00:26:30	00:23:51	00:21:12	00:18:33
12	00:26:00	00:23:24	00:20:48	00:18:12
13	00:25:30	00:22:57	00:20:24	00:17:51
14	00:25:00	00:22:30	00:20:00	00:17:30
15	00:24:30	00:22:03	00:19:36	00:17:09
16	00:24:00	00:21:36	00:19:12	00:16:48
17	00:23:30	00:21:09	00:18:48	00:16:27
18	00:23:06	00:20:48	00:18:29	00:16:10
19	00:23:06	00:20:48	00:18:29	00:16:10
20	00:23:06	00:20:48	00:18:29	00:16:10
21	00:23:06	00:20:48	00:18:29	00:16:10
22	00:23:06	00:20:48	00:18:29	00:16:10
23	00:23:06	00:20:48	00:18:29	00:16:10
24	00:23:06	00:20:48	00:18:29	00:16:10
25	00:23:06	00:20:48	00:18:29	00:16:10
26	00:23:06	00:20:48	00:18:29	00:16:10
27	00:23:06	00:20:48	00:18:29	00:16:10
28	00:23:06	00:20:48	00:18:29	00:16:10
29	00:23:06	00:20:48	00:18:29	00:16:10
30	00:23:06	00:20:48	00:18:29	00:16:10
31	00:23:06	00:20:48	00:18:29	00:16:10
32	00:23:06	00:20:48	00:18:29	00:16:10
33	00:23:06	00:20:48	00:18:29	00:16:10
34	00:23:06	00:20:48	00:18:29	00:16:10
35	00:23:42	00:21:20	00:18:57	00:16:35
36	00:23:42	00:21:20	00:18:57	00:16:35
37	00:23:42	00:21:20	00:18:57	00:16:35
38	00:23:42	00:21:20	00:18:57	00:16:35
39	00:23:42	00:21:20	00:18:57	00:16:35
40	00:24:17	00:21:52	00:19:26	00:17:00
41	00:24:17	00:21:52	00:19:26	00:17:00
42	00:24:17	00:21:52	00:19:26	00:17:00
43	00:24:17	00:21:52	00:19:26	00:17:00
44	00:24:17	00:21:52	00:19:26	00:17:00
45	00:25:28	00:22:56	00:20:23	00:17:50
46	00:25:28	00:22:56	00:20:23	00:17:50
47	00:25:28	00:22:56	00:20:23	00:17:50
48	00:25:28	00:22:56	00:20:23	00:17:50
49	00:25:28	00:22:56	00:20:23	00:17:50
50	00:26:04	00:23:28	00:20:51	00:18:15
51	00:26:04	00:23:28	00:20:51	00:18:15
52	00:26:04	00:23:28	00:20:51	00:18:15
53	00:26:04	00:23:28	00:20:51	00:18:15
54	00:26:04	00:23:28	00:20:51	00:18:15
55	00:27:15	00:24:32	00:21:48	00:19:05
56	00:27:15	00:24:32	00:21:48	00:19:05
57	00:27:15	00:24:32	00:21:48	00:19:05
58	00:27:15	00:24:32	00:21:48	00:19:05
59	00:27:15	00:24:32	00:21:48	00:19:05
60	00:29:02	00:26:08	00:23:13	00:20:19
61	00:29:02	00:26:08	00:23:13	00:20:19
62	00:29:02	00:26:08	00:23:13	00:20:19
63	00:29:02	00:26:08	00:23:13	00:20:19
64	00:29:02	00:26:08	00:23:13	00:20:19
65	00:30:48	00:27:44	00:24:39	00:21:34
66	00:30:48	00:27:44	00:24:39	00:21:34
67	00:30:48	00:27:44	00:24:39	00:21:34
68	00:30:48	00:27:44	00:24:39	00:21:34
69	00:30:48	00:27:44	00:24:39	00:21:34
70	00:32:35	00:29:19	00:26:04	00:22:48
71	00:32:35	00:29:19	00:26:04	00:22:48
72	00:32:35	00:29:19	00:26:04	00:22:48
73	00:32:35	00:29:19	00:26:04	00:22:48
74	00:32:35	00:29:19	00:26:04	00:22:48
75	00:34:22	00:30:55	00:27:29	00:24:03
76	00:34:22	00:30:55	00:27:29	00:24:03
77	00:34:22	00:30:55	00:27:29	00:24:03

BOSTON Q TIMES AVG PACE			
GROUP	MENS	WOMEN	AVERAGE
18 - 34	03:00:00	03:30:00	00:04:37
35 - 39	03:05:00	03:35:00	00:04:44
40 - 44	03:10:00	03:40:00	00:04:51
45 - 49	03:20:00	03:50:00	00:05:06
50 - 54	03:25:00	03:55:00	00:05:13
55 - 59	03:35:00	04:05:00	00:05:27
60 - 64	03:50:00	04:20:00	00:05:48
65 - 69	04:05:00	04:35:00	00:06:10
70 - 74	04:20:00	04:50:00	00:06:31
75 - 79	04:35:00	05:05:00	00:06:52
80+	04:50:00	05:20:00	00:07:14

### Boston Marathon Qualifying Standards

AGE GROUP	MEN'S QUALIFYING STANDARDS	WOMEN'S QUALIFYING STANDARDS
18-34	3:00	3:30
35-39	3:05	3:35
40-44	3:10	3:40
45-49	3:20	3:50
50-54	3:25	3:55
55-59	3:35	4:05
60-64	3:50	4:20
65-69	4:05	4:35
70-74	4:20	4:50
75-79	4:35	5:05
80+	4:50	5:20

78	00:34:22	00:30:55	00:27:29	00:24:03
79	00:34:22	00:30:55	00:27:29	00:24:03
80	00:36:08	00:32:31	00:28:55	00:25:18
81	00:36:08	00:32:31	00:28:55	00:25:18
82	00:36:08	00:32:31	00:28:55	00:25:18
83	00:36:08	00:32:31	00:28:55	00:25:18
84	00:36:08	00:32:31	00:28:55	00:25:18
85	00:36:08	00:32:31	00:28:55	00:25:18
86	00:36:08	00:32:31	00:28:55	00:25:18
87	00:36:08	00:32:31	00:28:55	00:25:18
88	00:36:08	00:32:31	00:28:55	00:25:18
89	00:36:08	00:32:31	00:28:55	00:25:18
90	00:36:08	00:32:31	00:28:55	00:25:18
91	00:36:08	00:32:31	00:28:55	00:25:18
92	00:36:08	00:32:31	00:28:55	00:25:18
93	00:36:08	00:32:31	00:28:55	00:25:18
94	00:36:08	00:32:31	00:28:55	00:25:18
95	00:36:08	00:32:31	00:28:55	00:25:18
96	00:36:08	00:32:31	00:28:55	00:25:18
97	00:36:08	00:32:31	00:28:55	00:25:18
98	00:36:08	00:32:31	00:28:55	00:25:18
99	00:36:08	00:32:31	00:28:55	00:25:18
100	00:36:08	00:32:31	00:28:55	00:25:18