

Participant	Age	Hedgehog Points	Monthly Distance Challenges	Total Kilojoules
Elme Middlemost	43	86	50	136
Pieter Laubscher	37	53	50	103
Erick van der Colff	47	50	50	100
Anton Janse van Rensburg	48	67	30	97
Chester Dioka	40	55	40	95
Russell Nugent	52	43	50	93
Steven De Lange	31	39	50	89
Craig Mobey	53	36	50	86
Maria Compion	41	36	50	86
Janika Botha	30	34	50	84
Nols Kennedy	43	33	50	83
Wilna van Emmenis	60	31	50	81
Gretchen Visser	56	30	50	80
Willem Nieuwoudt	58	30	50	80
Johan Visser	29	24	50	74
Chrisna Nieuwoudt	57	33	40	73
Lizette Mobey	55	33	40	73
Theo Botha	39	29	40	69
Misha Laubscher	32	18	50	68
Julie Estey	39	18	50	68
Hengie McInnes	55	18	50	68
Richard Wicht	50	22	40	62
Anneri Konig	37	10	50	60
Daryl de Wee	26	19	40	59
Jandri Olivier	34	29	30	59
Andries Coetzee	30	18	40	58
Van Zyl Lochner	46	8	50	58
Prasidh Ramson	45	16	40	56
Ronnie van der Walt	41	25	30	55
Alison Dolan	52	15	40	55
Elzabe Liebenberg	49	14	40	54
Riana Burger	37	14	40	54
Rikus Hattingh	31	21	30	51
Hanri van der Merwe	26	21	30	51
Ntombi Nqeto	43	11	40	51
Johan Duvenhage	53	45	0	45
Ettienne Coetzer	39	19	20	39
Charles Bailie	43	6	30	36
Janke du Plessis	36	15	20	35
Betsy Wall	45	14	20	34
Ramon Titus	43	11	20	31
Estelle Geerkens	49	21	10	31
Rouise Snyman	23	10	20	30
Tokkolicious Nugent	42	19	10	29
Katryn Hough	41	8	20	28

Ishmael Molahleli	50	27	0	27
Kevin Crole	54	27	0	27
Juan Pierre Brandsen	30	4	20	24
Pieter Roos	39	11	10	21
Georgin de Wee	29	9	10	19
Raymond du Plessis	36	8	10	18
Carla Spangenberg	39	8	10	18
Samantha Winterbottom	47	7	10	17
Jacob Mathloko	38	7	10	17
Anneke van Emmenis	32	4	10	14
Sonja Franke	42	4	10	14
Piet Muller	37	2	10	12
Monique Jansen van Vuuren	31	11	0	11
Francois Vorster	45	0	10	10
Danie La Grange	39	10	0	10
Amen Rasmeni	38	8	0	8
Leandri Husselman	30	7	0	7
Carli van der Westhuizen	32	5	0	5
Sonja von Wielligh	36	4	0	4
John Bensley	24	3	0	3
Stiaan von Wielligh	36	2	0	2
Wakes Mjekula	57	2	0	2
Awie van Wyk	32	2	0	2
Dirkie Hanekom	25	2	0	2
Lorna Groenewald	32	1	0	1
Nicky Glickman	49	1	0	1
Elmarie Spangenberg	27	1	0	1
Kate Nugent	19	1	0	1
Juanita Goldberg	31	1	0	1
Jaco Bruwer	33	1	0	1
Wellbeloved Mphahlele	39	1	0	1
Mike Galli	61	0	0	0
Fergus Wall	55	0	0	0
Anthony Meyer	32	0	0	0
Margie Karshagen	72	0	0	0
mary-ann galli	60	0	0	0
Shannyn Karshagen	41	0	0	0
Glenn Thompson	61	0	0	0
Fortunate Gunzo	42	0	0	0
William Wentzel	53	0	0	0
Gideon Meyer	47	0	0	0
Adriaan Slabbert	17	0	0	0
Tjaart Bekker	51	0	0	0
Craig Bester	45	0	0	0
Atella Els	50	0	0	0
Hendrik Cronje	15	0	0	0

Luke Parker	28	0	0	0
Brendan Quinn	27	0	0	0
Anchen Jacobs	42	0	0	0
Wayne van Driel	35	0	0	0
Gustav Coetzee	32	0	0	0
Antonie van der Westhuizen	37	0	0	0
samanthia Holmes	31	0	0	0
zodwa zondo	53	0	0	0
Naasera Sheik	43	0	0	0
Hein van Heerded	36	0	0	0
Natasha Fourie	40	0	0	0
Szilveszter Adam	44	0	0	0
Alessandro Fanicchi	14	0	0	0
Combrinck van Wyk	27	0	0	0
Tim Russell	39	0	0	0
Ruben Ramolefi	43	0	0	0
Mariska Moor	47	0	0	0
Pat Scheepers	73	0	0	0
Waldo van der linde	42	0	0	0
Nicoline Olivier	32	0	0	0
Monica Schoeman	26	0	0	0
AJ van Schalkwyk	35	0	0	0
Anele Ackerman	39	0	0	0
Jo-Ann Rossouw	60	0	0	0
Liezel Short	42	0	0	0
Louwie Botma	29	0	0	0
Michelle Swart	37	0	0	0
Stephen Leitch	15	0	0	0
Waldo van der Linde	42	0	0	0
Veruschka van Zyl	35	0	0	0
Warnell Engelbrecht	36	0	0	0
Nickie Sale	59	0	0	0
Isabel Brown	42	0	0	0
Tilanie Williams	32	0	0	0
Celia Coetzer	64	0	0	0
Ehrich Kruger	48	0	0	0
Wynand Blom	43	0	0	0
Lanie Strauss	42	0	0	0
Karlien Bekker	34	0	0	0
Abu John	27	0	0	0
Adam Schneider	18	0	0	0
adri van der merwe	53	0	0	0
Alida van der Merwe	34	0	0	0
Amy Lun	59	0	0	0
Andre Barkhuizen	30	0	0	0
Andrea Doig	15	0	0	0

Andrew Watt	50	0	0	0
Angela Lardant	47	0	0	0
Anneri Konig	37	0	0	0
Attie Slabbert	54	0	0	0
barry dublin	33	0	0	0
benita Rodriquez	25	0	0	0
Bernard Emma	29	0	0	0
Casey Korck	39	0	0	0
Cecil Damon	37	0	0	0
Chantelle pieterse	33	0	0	0
Christian Melkersson	40	0	0	0
Christine Adams	15	0	0	0
cindi bester	42	0	0	0
Claudia Schaberg	23	0	0	0
colin Pinkham	52	0	0	0
Craig Merriman	60	0	0	0
Cynthia Meigs	68	0	0	0
Dee Tester	38	0	0	0
Deepa Naran	69	0	0	0
Dolf Dorfling	29	0	0	0
Elvira Wood	48	0	0	0
Eugene Pfeyfer	30	0	0	0
Eugenie MacDonald	47	0	0	0
Fred Abrahams	15	0	0	0
Garth Wahl	37	0	0	0
Girard Chloe	31	0	0	0
Handri Fourie	32	0	0	0
Hanro Schoeman	23	0	0	0
Hernene du Plessis	37	0	0	0
ilene de waal	32	0	0	0
James Thomas	31	0	0	0
James Thomas	31	0	0	0
Jana Olivier	21	0	0	0
jane Battersby	46	0	0	0
Jed Fernie	50	0	0	0
JJ Botha	40	0	0	0
Johan Pretorius	39	0	0	0
julie turcotte	45	0	0	0
Katie wall	25	0	0	0
Kim Mac Callum	44	0	0	0
Lefebvre Christian	15	0	0	0
Leigh Olivier	19	0	0	0
Lisa Plit	24	0	0	0
Mahesh Vijapure	36	0	0	0
Malan Le Roux	15	0	0	0
Marelize Matthee	40	0	0	0

Maria Clemons	42	0	0	0
Marle Brits	24	0	0	0
Mary Parr	58	0	0	0
maryam Haffejee	24	0	0	0
Melani Robertson	25	0	0	0
melanie GÄrtner	40	0	0	0
Michael Oosthuizen	32	0	0	0
Moira-Jean Thomas	44	0	0	0
Mxo Mbiza	42	0	0	0
Neev Naveen	53	0	0	0
Nelani Burger	37	0	0	0
Nico Steyn	15	0	0	0
Nicole Payne	51	0	0	0
Owen Martin	48	0	0	0
Paras arora	15	0	0	0
Quezette Myburgh	37	0	0	0
Resi Lam	41	0	0	0
Rob Maclean	15	0	0	0
Rob Maclean	15	0	0	0
Ruan Koortzen	25	0	0	0
Russell Nugent	52	0	0	0
salla tuohisaari	42	0	0	0
Shade Beukes	32	0	0	0
Sonia Baumann	59	0	0	0
Suzaan von Waltleben	28	0	0	0
thabile Mbhele	47	0	0	0
Tracie green	15	0	0	0
Tresha test	15	0	0	0
tresha tester	1	0	0	0
Trish Hodgson	52	0	0	0
Victoria Damons	46	0	0	0
Walto Yssel	44	0	0	0
wileze du toit	39	0	0	0
Joseph Mandy	14	0	0	0
Egle Uzuraisyte	35	0	0	0